



Arlington-Fairfax Chapter, Inc., IWLA, Archery 201 Classes

The Archery 201 classes are held at the indoor archery range. These sessions are held on five consecutive Sunday nights. There are two age groups, Youth ages 9-13 years old (5:30 p.m.-6:30 p.m.) and Adult 13 years old and up, (7 p.m.-8 p.m.) with a maximum of 11 students in each group. All archery equipment is provided so there is not any initial expense to participate. We also encourage the use of personal equipment if the student has already purchased it. **The fee for the five-night class is \$100.**

The class is taught using the USA Archery 11-step instruction model. We first concentrate on shooting form. Then we build upon this foundation with each lesson, so the student has the total archery shooting package by the end of the session. Safety and range rules are taught the first night and reviewed before each class along with warm-ups and stretching. The class will cover the different types of archery equipment used, archery safety, purchasing of equipment, and live shooting. We try to have a 1:3 coach to student ratio so the student gets the best coaching we can provide.

To register for the class e-mail Mark Gauntner at gauntneriwla201@gmail.com.



Coach Mark Gauntner demonstrates proper shooting form.