



14708 Mount Olive Road  
Centreville, VA 20121-2517

Arlington-Fairfax Chapter, Inc. • Izaak Walton League of America

# NEWSLETTER

Volume 59, Number 1

February, March & April 2021

## Did You Remember to Renew? Your Membership Is “PROBABLY” Still Available!

***If you have not renewed yet,*** chances are your membership slot is still available. BUT ... renew right away or you may lose your membership. Your 2020 Range Badge will expire soon. Don't be denied access because of an expired Range Badge.

### Membership Notes:

Renewal update:

- As of 12/22/20, the office staff has processed just over 1,350 renewal forms. That leaves more than 1,100 yet to be received. Don't forget, any renewals postmarked after January 1, 2021, are late. In order to renew, you will have to pay the “admin” fee of \$40.00.
- Do NOT forget to sign the back of your renewal form. Otherwise, you will have to come into the office to sign it.
- BE PATIENT for your credentials. We mail in bulk. That means we wait until we can bundle 400 + envelopes together before we take a trip to the post office.
- Membership renewal forms are available online and at the Chapter.

***Hang onto those range badges!*** They provide access to all of our ranges. Without a current range badge, you will not be able to use the ranges. The replacement fee is \$25. If you lose your badge, call the office at 703-631-4495 or e-mail [memberships@arlingtonfairfax-iwla.org](mailto:memberships@arlingtonfairfax-iwla.org).

Don't Forget ... the Membership Office is now open every Saturday (except holiday weekends) from 9 a.m. to 1 p.m.

*“As always... get out to our Chapter and have some fun.”*

*—Beau Craudall, Membership Director*

## December Adopt-A-Highway Clean Up

The Chapter conducted an Adopt-A-Highway road clean up on Compton Road and Mount Olive Road on December 13th. There were 11 Chapter participants who spent three hours in our efforts for a total of 33 man-hours. Both roads appeared to have been recently mowed as there was no long grass along either roadway and not a lot of trash. We collected 16 bags of trash, totaling 88 pounds, plus a tire weighing 19 pounds, a tire tread (from a retreaded tire?) that weighed 18 pounds, an empty 5-gallon bucket that weighed about 3 pounds, and a throw rug weighing about six pounds for a total of 134 pounds of trash collected.

The Chapter holds various events like this throughout the year. The next Adopt-A-Highway clean up will be in March or April 2021. If you are interested in helping out and getting some volunteer service hours, check the Chapter SignUpGenius events to sign up.

*—Steve Rumble, Adopt-A-Highway Chair*



## Chapter Contact Information

### Chapter Officers

<i>President</i>	Tom Ciarula .....	703-250-0947
<i>Vice President</i>	Pamela Meara .....	703-362-7293
<i>Secretary</i>	Sean Gagnon .....	703-434-9015
<i>Treasurer</i>	Bob Crisman .....	540-338-7316
<i>Membership Chairman</i>	Benn Crandall .....	703-631-4495

### Chapter Directors

<i>Air Range</i>	Roger Thrasher.....	703-789-7080
<i>Conservation</i>	John Seaberg.....	703-830-9365
<i>Education &amp; Training</i>	Bucky Sills .....	703-830-0458
<i>Field Archery</i>	Dick Riemer.....	703-543-8585
<i>Rifle-Pistol</i>	Bill Frerking .....	330-327-9276
<i>Skeet &amp; Trap</i>	Bob Brino .....	703-368-4934
<i>Target Archery</i>	Robert D'Imperio.....	703-655-7530
<i>Youth Activities</i>	Joseph Turner.....	703-628-4808
<i>Directors-at-Large</i>	Carl Armstrong.....	703-830-5091
	Keith Kuck .....	703-405-8935
	Chris Rose .....	703-585-7351
	Jim "Smitty" Smith ....	540-624-2969
	Oscar Starz .....	703-321-8626
	Art Twichell .....	703-960-6524

### Committee Chairs

<i>Adopt-A-Highway</i>	Steve Rumble.....	703-946-6920
<i>Advanced Planning</i>	<i>Your Name Here .....</i>	<i>Your phone #</i>
<i>Air Range</i>	Roger Thrasher.....	703-789-7080
<i>Awards &amp; Grants</i>	Scott Meyer .....	703-631-4495
<i>Buildings &amp; Grounds</i>	Bucky Sills .....	703-830-0458
<i>Bull Run Muzzleloaders</i>	Tony Sucher.....	703-354-2726
<i>Caretaker</i>	Keith Pearson .....	703-801-3915
<i>Chapter Field House Mgr.</i>	Ed Forsberg .....	719-238-0231
<i>Conservation</i>	John Seaberg.....	703-830-9365
<i>Elections</i>	Steve Landry .....	703-408-6909
<i>Education &amp; Training</i>	Bucky Sills .....	703-830-0458
<i>Field Archery</i>	Dick Riemer.....	703-543-8585
<i>Historian</i>	June Goodenough .....	703-200-8927
<i>Junior Olympic Archery</i>	Lani Young .....	703-742-8142
<i>Meeting Program</i>	Tom Ciarula .....	703-250-0947
<i>Membership</i>	Benn Crandall .....	703-631-4495
<i>Office Membership Admin.</i>	Membership .....	703-631-4495
<i>Newsletter</i>	Pamela Meara .....	703-362-7293
<i>Pond Manager</i>	John Seaberg.....	703-830-9365
<i>Program Outreach</i>	<i>Your Name Here .....</i>	<i>Your phone #</i>
<i>Public Relations</i>	<i>Your Name Here .....</i>	<i>Your phone #</i>
<i>Rifle-Pistol Range</i>	Bill Frerking .....	330-327-9276
<i>Scholarship</i>	David Dobbins.....	703-753-0878
<i>Scouting Activities</i>	Tom Pike .....	703-802-0740
<i>Skeet &amp; Trap Range</i>	Bob Brino .....	703-368-4934
<i>Target Archery</i>	Robert D'Imperio.....	703-655-7530
<i>Web Site</i>	Pamela Meara .....	703-362-7293
<i>Youth Activities</i>	Joseph Turner.....	703-627-480



### Chapter Board of Directors' Meeting

1st Tuesday of each month  
7:30 p.m. @ Chapter field house  
All members welcome

### Attend Your Chapter Meetings

General Membership Meeting  
3rd Tuesday of each month  
7:30 p.m. @ Chapter field house

### Newsletter Committee

<i>Pamela Meara .....</i>	<i>Editor-in-Chief</i>
<i>Tim Terrell .....</i>	<i>Copy Editor</i>
<i>Ellen MacBrayne .....</i>	<i>Design &amp; Production</i>

### Field House Phone Numbers

<i>Chapter field house .....</i>	<i>703-631-4495</i>
<i>Rifle-Pistol field house .....</i>	<i>703-631-4496</i>
<i>Skeet &amp; Trap field house .....</i>	<i>703-631-4497</i>
<i>Field Archery field house .....</i>	<i>703-631-4498</i>
<i>Sills Air Range .....</i>	<i>703-631-4818</i>

**Chapter President's E-mail**     [arlfx.president@gmail.com](mailto:arlfx.president@gmail.com)

**Chapter's Web Site**     <https://wp.arlingtonfairfax-iwla.org>

### Chapter's Facebook Page

Arlington-Fairfax-Chapter-Inc-Izaak-Walton-League-of-America

### Chapter Field House Office Hours

1st and 3rd Tuesday.....	1 p.m. to 8 p.m.
All other Tuesdays.....	1 p.m. to 4 p.m.
Saturdays .....	9 a.m. to 1 p.m.
Other times, call the field house office number.....	703-631-4495

### Property Physical Address

14708 Mount Olive Road, Centreville, VA 20121-2517

### Mailing Address

Post Office Box 366, Centreville, VA 20122-0366



## A First for the Chapter

The Arlington-Fairfax Chapter has been heavily involved with Adaptive/Paralympic shooting. For many years adaptive/paralympic shooting has only had two classifications:

- **SH1:** Pistol and rifle competitors who must sit down, but do not require a shooting stand.
- **SH2:** Rifle competitors who do not have the ability to support the weight of the air rifle with their arms and require a shooting/spring stand.

There is a new classification coming for those that are visually impaired: **SHVI**. It will possibly be a “demonstration sport” at the Paris Olympics in 2024 and could possibly be included in the games in Los Angeles in 2028. The big question is how does it work? I could make jokes about its ZEN and you have to BE the pellet and think it to the center of the target, but actually we tape an IR LED, 60mm below the center of the target and there is a sensor on the rifle. The green LED just tells you that the IR LED is getting power. The sensor has headphones attached and they provide a rising tone when the rifle is moving closer to the center of the target.

Now for the Firsts. On November 7, 2020, the Sills Air Range had the first SHVI match held outside the Olympic Training Center in the United States.

The young lady in the picture is Delany Brooks. She is blind from birth. She just missed shooting 500 out of a possible 600 in her first ever match.

The second picture is Jim Sadecki. He started visually impaired shooting in January 2018 at the Olympic Training Center. In October 2019 he took a bronze medal at the World

Cup in Sydney, Australia, and he came all the way down from Connecticut to shoot in our match.

The Chapter has everything they need to get started. So, if you know someone, who is physically challenged and wants to get involved in competitive shooting or just shoot to have fun, please contact Tom Ciarula at [Tom.Ciarula@arlingtonfairfax-iwla.org](mailto:Tom.Ciarula@arlingtonfairfax-iwla.org).



## The Izaak Walton League of America

### Web Links

Check out the IWLA Web site: <https://www.iwla.org>

Check out the Virginia Division Web site: <http://va-iwla.org/>

## AmazonSmile Donations

The Chapter wants to thank everyone who has supported the Arlington-Fairfax Chapter, Inc., IWLA, by choosing the Chapter as your charity when purchasing items on AmazonSmile. For the price of each eligible dollar you spend, the Chapter receives 0.5% as a donation. A donation in the amount of **\$123.38** has been received from the AmazonSmile Foundation as a result of AmazonSmile program activity between July 1 and September 30, 2020.

If you would like to donate to the Arlington-Fairfax Chapter, Inc., through AmazonSmile, simply use the following instructions:

- Go to <http://smile.amazon.com> when you make purchases through AmazonSmile and Amazon will donate 0.5% of the price of your eligible purchases to our Chapter. There is NO cost to you.
- Our Chapter is listed as: Izaak Walton League of America Arlington-Fairfax Chapter.
- Please see <http://smile.amazon.com/about> for program details.



## Requested Proposed Revisions to Bylaws

**Purpose & Rationale:** To update and clarify existing Arlington-Fairfax Chapter, Inc., IWAL, bylaws. These will be voted on by the membership at the February 2021 general membership meeting. (Approved by the BoD at their January 5, 2021, meeting.) Revisions are denoted by **Strikethrough** and **Bold Italic**.

### ARTICLE I

#### Membership (Page 7)

- 1. ELIGIBILITY.** Any person who is of good character, eighteen (18) years of age or older, may be elected to membership. Applicants shall attend a new member orientation, pay the required dues, and initiation fee, ~~do six (6) hours of required service work at~~ **to** the Chapter, and then shall be considered for membership **(with restricted range and Chapter privileges until the required six (6) hour service work is performed, to expire after a time period determined by the Board)** by the Chapter members present at a regular membership meeting. **Once the member performs the required six (6) hours of service work they will then be granted full range and Chapter privileges and receive their permanent range badge. The Board of Directors may authorize a fee in lieu of service hours.**

## 2021 Chapter Education and Training Program

The Arlington-Fairfax Chapter, Inc., IWLA, Education and Training Program provides students with the knowledge, skills, and attitude necessary for the safe ownership and use of firearms across the shooting disciplines of rifle, pistol, and shotgun. All training events are open to the general public and the tuition is very competitive.

The 2021 schedule of events consists of 25 formal NRA courses and shooting clinics, including basic- to intermediate-level firearms training, ammunition reloading, instructor training, and shooting coach schools. Courses are being offered throughout the year. The list of offerings and registration information are available on the Chapter Web site at <http://wp.arlingtonfairfax-iwla.org/education-and-training-2/>. Detailed information about the content of the NRA courses can be found at <https://firearmtraining.nra.org/>.

All Chapter-sponsored training events are taught by a team of over 25 volunteer NRA-certified instructors, training counselors, and shooting coaches. These men and women possess a wealth of knowledge across all the shooting sport disciplines and have a passion to share their expertise with shooters of all skill levels.

Please contact Bucky Sills, the Arlington-Fairfax Chapter, IWLA, education and training director, for more information or answers to any of your questions at **Bucky.Sills@ArlingtonFairfax-IWLA.org**.

## IWLA's Save Our Streams (SOS) Program



**Virginia Save Our Streams** is a program of the Izaak Walton League of America (IWLA). Founded in 1922, the IWLA is one of the nation's oldest and most respected conservation organizations. With a powerful grassroots network of nearly 270 local chapters nationwide, the League takes a commonsense approach toward protecting our country's natural heritage and improving outdoor recreation opportunities for all Americans. For more information about our Virginia chapters, please visit the Virginia Division of the Izaak Walton League Web site.

### SOS Web Links

Check out the IWLA *Save Our Streams* Web site:

<https://www.iwla.org/water/stream-monitoring>.

Check out the IWLA Facebook site: <https://www.facebook.com/iwla.org/>.

Check out the VA SOS Web site for more information, forms, and gear:

<http://www.vasos.org/>.





## Chapter Dumpsters

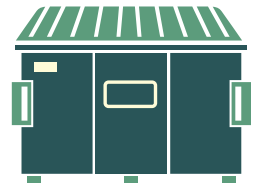
Please make sure you close the lids on the Chapter dumpsters when you are done. On Sunday, December 6th, after finishing up with one of the NRA courses at the Chapter field house, we found a small friend in the dumpster. It was the most scared-looking raccoon we have ever seen. Our guess is he climbed up the dumpster lid that was left open and either fell or jumped into the dumpster to look for food. Once in, with no way out, it was stuck there, probably since the night before, with no food and sitting in a half-inch of freezing water. We took one of the pine milling slats and made a makeshift ramp. With a few doughnuts donated by education and training as an incentive, when we came back after dark our little friend and the doughnuts were gone. It probably would not have survived another night as it was getting very cold.

***Close the lids on the dumpsters when you are done and this will not happen again.***



## Dumpsters

Please remember the dumpsters located on the Chapter property are for Chapter use only, not your personal use. Anyone caught dumping their personal trash in a Chapter dumpster will be brought before the Board of Directors for disciplinary action.



## Use of Outhouses



**IMPORTANT:** Septic tanks are used for the outhouses on the property. Trash (plastic bottles, bags, etc.) should never be disposed of in an outhouse for any reason. Trash clogs the septic tank and the Chapter has to pay to get it cleared. Groups may be charged these costs if the septic tank becomes clogged while they use the property.

## Donate to Arlington-Fairfax Chapter by Using AmazonSmile

Chapter members are reminded they can donate to the Chapter by registering and using AmazonSmile at [www.smile.amazon.com](http://www.smile.amazon.com) when they shop on Amazon. Amazon will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to the Chapter. Our Chapter is listed with AmazonSmile as ***Izaak Walton League of America Arlington-Fairfax Chapter***.

**amazon**smile

Please see <http://smile.amazon.com/about> for program details.

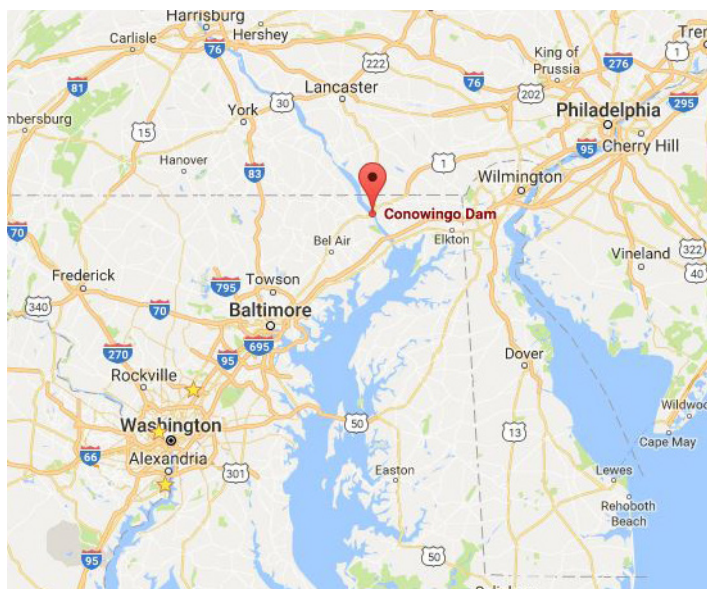
## News from National IWLA

### Plan to Stem Pollutants Falls Short

The Chesapeake Bay Program, Chesapeake Bay Trust, Center for Watershed Protection, and Chesapeake Conservancy are looking for input on a draft Conowingo Watershed Implementation Plan designed to help meet pollution problems in the Chesapeake Bay that travel down the Susquehanna River. The draft plan is an addition to a set of state Watershed Implementation Plans designed to reduce the nitrogen, phosphorus, and sediment flowing into the Chesapeake Bay and restore the health of the bay.

Virginia and other Chesapeake states have been implementing Watershed Implementation Plans since 2010 to reduce polluted runoff into the bay.

The new draft plan was deemed necessary once studies confirmed that the reservoir behind Conowingo Dam has filled with sediment and no longer stops and stores nutrient-laden sediment from upstream. Conowingo is a large hydroelectric dam northeast of Baltimore near where the Susquehanna enters Chesapeake Bay. The primary goal of the plan is to reduce nitrogen flowing from the Susquehanna River into the bay by six million pounds per year.



The plan identifies nutrient management and reduced tilling of cropland as important solutions, but fails to embrace effective soil health practices like planting cover crops in the winter to hold soil in place and take up excess nitrogen in cropland. Sadly, the report does not even mention the benefits of rebuilding healthy soils to conserve soil and reduce runoff of nitrogen, phosphorus, and sediment from cropland.

The draft plan also fails to identify a dedicated source of funding to put in place the practices needed to reduce polluted runoff. For more information visit [www.chesapeakebay.net/issues/conowingo\\_dam](http://www.chesapeakebay.net/issues/conowingo_dam).

### League Proposes National Soil Health Initiative

The Izaak Walton League of America has asked President-elect Joe Biden and his transition team to make soil health a priority in the new administration, and to launch a national soil health initiative to help farmers and ranchers adopt systems that will rebuild America's soils.

Healthy soils reduce polluted runoff from farms and ranches, reduce erosion, store carbon in the soil, and reduce flooding. Soil health practices like planting winter cover crops and rotational grazing also provide benefits for wildlife. Investments in soil health systems allow farmers to save money by using much less fertilizer, pesticides, and fuel.

The League proposed a national soil health initiative that would help farmers and ranchers develop and implement soil health plans, providing education and financial assistance through existing Department of Agriculture programs. The League has also proposed a new *State & Tribal Soil Health Grant Program* that would help states develop and implement soil health strategies that match their soils, weather, and farming systems.

—*Duane Hovorka*,  
IWLA National Office,  
Agriculture Program Director



E-Newsletter and Action Alert Sign-up

### IWLA Digital Newsletter

Want the latest conservation news from the Izaak Walton League and Action Alerts on key advocacy issues? Sign up today at <https://members.iwla.org/apps/#SignIn>.

**Arlington-Fairfax Chapter, Inc.  
Izaak Walton League of America**

Announces the 2021

**Annual Picnic and Fishing Derby  
for Children & Adults with Disabilities**

taking place on

**May 1, 2021**

10:00 a.m. to 2:00 p.m. • Lunch is served at **Noon**

**Come out and enjoy a day of fishing and outdoor fun!**

14708 Mount Olive Road, Centreville, VA 20121-2517

For directions visit our Web site: [www.arlingtonfairfax-iwla.org](http://www.arlingtonfairfax-iwla.org)

Contact: [ucky.sills@arlingtonfairfax-iwla.org](mailto:ucky.sills@arlingtonfairfax-iwla.org) or [Pam.meara@arlingtonfairfax-iwla.org](mailto:Pam.meara@arlingtonfairfax-iwla.org)  
to register. Please include number planning to attend.

*Please distribute: The participants do not have to be members of the Chapter.*

**Got Grants? Yes, We Do!**

The Chapter extends our thanks to the NRA Foundation known as the Friends of the NRA for funding two grants at the Chapter in 2020. The Youth Shotgun Team and Air Range were the recipients of the grants. Your support of local Friends of the NRA dinners helps raise funds for this program.

<https://www.friendsofnra.org/>



The Chapter extends our thanks to the IWLA Endowment for funding a grant for the youth shotgun team. The Endowment funds selected projects at IWLA chapters and divisions each year. It only uses the proceeds from investments. The investment principle is never used and grows through donations made to support the endowment. <http://iwla-endowment.org/>





## Rifle-Pistol Range

### Virginia Shooting Sports Association State Junior Pistol Championships Held at ARL-FX Chapter Ranges on September 27, 2020

Twenty junior pistol athletes competed in the Virginia Shooting Sports Association (VSSA) State Championship held Sunday, September 27, 2020. The ARL-FX NoVA Sharpshooters sponsored the competition which included two events: sport pistol and air pistol.

In the morning, six athletes gathered at the Rifle-Pistol Range to compete in sport pistol. This event uses a .22 long rifle semiauto pistol with iron sights. Targets are placed at 25 yards. The 60-shot match includes two stages: precision and rapid fire. During the precision stage, shooters fire 30 shots at a precision target. This stage is very similar to NRA bullseye slow fire. During the rapid-fire stage, shooters fire 30 shots at a rapid-fire target. The rapid-fire stage is not like NRA bullseye. In sport pistol rapid fire, the shooters fire six series of five and at the fire signal the shooter raises the gun to the target and has three seconds to fire the shot.

VSSA President Joe Turner presented awards to the top three competitors as well as medals to the winners in various age categories. It is worthy to note these six athletes went on to compete in the second event, the 10-meter air pistol.

In the afternoon, fourteen juniors competed in the 10-meter air pistol match held at the Sills Air Range. During the 10-meter air pistol match, athletes used a .177 caliber air pistol with iron sights and fired 60 shots at an electronic target placed at 10 meters.

The air pistol event included two qualification relays with the top eight athletes going on to compete in a finals match. The finals match uses an elimination process. A total



Suman Sanghera, Champion (center), Victor Mou, 2nd Place (left), Connor Shea, 3rd Place (right), VSSA President Joe Turner (left).

of 24 shots determines the winner of the finals match. Points from the finals match are then added to the qualification match score to determine the overall champion.

VSSA President Joe Turner presented awards to the top three competitors as well as medals to the winners in various age groups. (J2 is 15 to 17 years old and J3 is 14 and under.)

**Sport Pistol Competitors:** Suman Sanghera (Champion), Ethan Jardines (2nd), Victor Mou (3rd), Ethan Greenhaw (J2 Gold), Josephine Mou (J2 Silver), Lauren Creese (J3 Gold).

**Air Pistol Competitors:** Suman Sanghera (Champion), Victor Mou (2nd), Connor Shea (3rd), Christina Alvarez (J2 Gold), Ethan Jardines (J2 Silver), Josephine Mou (J2 Bronze), Lauren Creese (J3 Gold), Landon Cerrone (J3 Silver), William Regala (J3 Bronze), Zachary Dantzlerward, Ethan Greenhaw, Erin Reeder, Olivia Creese, Graham Jardines.



Suman Sanghera, Champion (center), Ethan Jardines, 2nd Place (left), Victor Mou, 3rd Place (right), VSSA President Joe Turner (right).



**SIGN UP!**



**SignUpGenius®**

Please use to sign up for Volunteer Opportunities—located on the Chapter Home Web page.



## NoVA Sharpshooters Host the 2020-2021 Virginia USA Shooting Pistol Junior Olympics State Championship

Every year USA Shooting invites shooting clubs across the United States to host qualification matches called Junior Olympic State Championships (JOSCs). These events allow junior athletes to compete shoulder-to-shoulder with their counterparts from across their resident state as well as nonresidents. For the past three years, the NoVA Sharpshooters have hosted these qualification matches at the Arlington-Fairfax Chapter of the Izaak Walton League of America.

This year athletes, parents, and coaches all pitched in to put this event together in spite of the COVID 19 pandemic. Following Virginia guidelines, the club successfully hosted the Sport Pistol and Air Pistol JOSCs allowing 26 athletes to compete for qualification scores and potential invitations to the USA Shooting Junior Olympics planned for 2021.

On Sunday morning, November 22, 2020, seven athletes from the NoVA Sharpshooters and Team LocoMotion met at the Rifle-Pistol Range for a 60-shot sport pistol match. Suman Sanghera placed first, winning the Junior Women gold medal and also recognition as the Virginia State Champion. Josephine Mou won the silver medal and Lauren Creese won the bronze. For the junior men, Victor Mou won the gold medal, Ethan Jardines placed second winning the silver medal, and William Regala won bronze.

After the sport-pistol match, these seven athletes participated in the air pistol JOSC held across the road at the Sills Air Range. Nineteen junior athletes from the NoVA Sharpshooters, Team LocoMotion (Purcellville), Rockin' Rockets (Rockingham County 4-H), Lafayette Gun Club (Grafton), and an independent shooter from Frederick, Maryland, competed in the 60-shot match. Since there were six or more competitors in each gender category, a state champion could be named for both the junior men and the junior women.

For the junior women, Suman Sanghera again placed first, winning the gold medal and recognition as the state junior women champion. Makenzie Anne Wygans from the Lafayette Gun Club won silver and Christina Alvarez won bronze. For the junior men, Bhavjeet Sanghera placed first, winning the gold medal and recognition as the state junior men's champion. Victor Mou won silver and William Regala won bronze.

These athletes scored high enough to earn automatic invites to the 2021 Junior Olympics: Suman Sanghera (sport and air pistol), Bhavjeet Sanghera (air pistol), and William Regala (air pistol). When all the clubs across the country complete their matches and report their scores, USA Shooting will establish cutoff scores for each event and age category. Then USA Shooting will extend invitations to athletes for the 2021 Junior Olympics. The Olympic Training

*NoVA Sharpshooters continued on page 11*



Sport Pistol JOSC (L to R): Suman Sanghera, Ethan Greenhaw, Josephine Mou, Ethan Jardines, Lauren Creese, Victor Mou, William Regala.



Air Pistol JOSC (L to R): Makenzie Anne Wygans, William Regala, Christina Alvarez, Victor Mou, Suman Sanghera, Ethan Greenhaw, Josephine Mou, Zachary Dantzlerward, Madeline Matney, Connor Shea (nine athletes not pictured).



From the Women of the NRA®

*Instructional Shooting Clinic*

**Saturday, May 22, 2021 • 8 a.m. to 4 p.m.**



*Sponsored by*  
**The Arlington-Fairfax Chapter, Inc.**  
**Izaak Walton League of America**

**NRA Women On Target®—Instructional**  
**Shooting Clinics provide you with a safe, friendly**  
**environment for learning about shooting sports.**

**Only \$100! Clinic Includes:**

- Pastries, fruit, juice, and coffee in the morning
- Lunch
- Eye and ear protection
- T-shirt
- Loaner equipment and ammunition
- Personal instruction by nationally recognized volunteers

***For ladies only, ages 14 and over.***

**Space is limited. Register now!**

**For more information contact Clinic Director Pamela Meara at:**

***PmearaIWLA@gmail.com***

*Registration for this clinic is ONLINE at*

***<http://wp.arlingtonfairfax-iwla.org/women-on-target/>***

Once registration is completed you will receive an e-mail confirmation with additional instructions on how to choose your session assignments and payment options.

***No refunds for cancellations within 5 days of the event.***

**Clinic Sessions to Choose From—**

**Live Fire:**

- Rifle/Pistol
- Field Archery
- Shotgun

**Classroom:**

**Refuse to be a Victim®** is a personal safety seminar that does ***not*** involve firearms training.

**VaDGIF—Women & Hunting** seminar for ladies interested in hunting.

**Buying & Caring** for a handgun gives you the information you need to know before you go shopping.

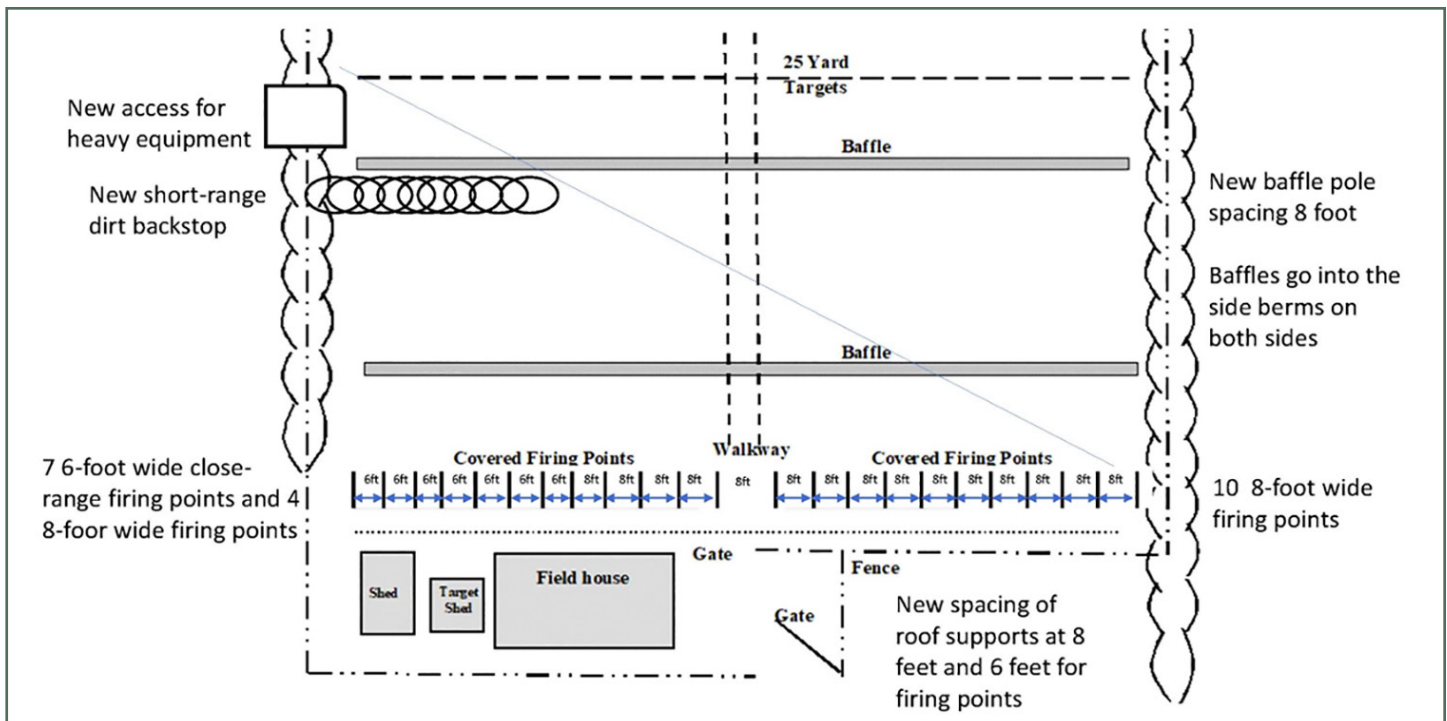
**Firearms and the Law** is a legal seminar that discusses the key provisions of the law pertaining to purchase, sale, and possession.

**Legal Aspects of Self Defense** is a legal seminar that discusses your rights and restrictions on carrying and using a handgun for self-defense.

## Rifle-Pistol Range Baffles

The roof and baffles at the Rifle-Pistol Range are approaching the end of their usable lives. Their replacement will be expensive and be a major disruption to use of the range. One of the existing issues is the supports for the roof do not line up with the supports for the baffles. This results in uneven spacing of the firing points. Changing the spacing of the roof supports from 10 feet to 8 feet matches the baffle supports spacing (currently 16 feet), will increase the number of firing points, and could potentially add short range firing points. On the

left side of the range, the baffles do not go all the way to the side berm to allow for heavy equipment access. What we are considering is to cut a new access through the left side berm behind the 20-yard baffle and use the dirt for a 20-yard backstop. The current roof line is 165 feet long. This gives room for fourteen 8-foot wide, full-range firing lanes and seven 6-foot wide, close-range lanes, under the existing roof line. There are still a lot of details to be worked out. Below is a sketch of the concept.



### NoVA Sharpshooters continued from page 9

Center in Colorado Springs is the traditional location for the USA Shooting Junior Olympics. However, the facility is restricted to preparing the USA Team for the Summer Olympics. USA Shooting will announce the location for the Junior Olympics at a later date.

Congratulations to these junior athletes and their parents and thanks to coaches Lei-Ann Chang, Tim Greenhaw, and Jennifer Alvarez for taking the time to lead the program. Only in its fourth year, the NoVA Sharpshooters Junior Shooting Program has grown to be the largest and most successful junior international pistol program in the state of Virginia.

### Izaak Walton League of America Store

Are you interested in getting an IWLA apparel/items? Did you know that IWLA National has on line store? Visit <https://members.iwla.org/apps/#Store>.

### REMEMBER

Speed Limit is 10 MPH on the  
ARL-FX IWLA Property







## Skeet & Trap Range

### 2021 ARL-FX Chapter Skeet Shoots Schedule

Memorial Day Open  
Doubles 500 Open

May 28-30  
August 7

Stonewall Open

Pre-State & Club Championship

August 6-8

August 27-29

E-mail [IWLASkeet@yahoo.com](mailto:IWLASkeet@yahoo.com) for more information.

Free National Skeet Shooting Assoc. (NSSA) membership for all new participants (\$40 value).

### 2021 ARL-FX Trap Shoot Dates

George Mason Trap Open	May 2
John Lynn Memorial	May 23
Chris Cuyler Corn Shoot	September 5
DuCharm/Igou Memorial	October 3

For more information, please contact Bob Brino at  
(703) 368-4934 or e-mail him at

[Bob.Brino@arlingtonfairfax-iwla.org](mailto:Bob.Brino@arlingtonfairfax-iwla.org).

### Winter League 2021

The Birt Kidwell Winter Skeet and Trap League started on January 3, 2021, and is underway with great success. It was a typical rainy and cold day, which is a norm for the league. Everyone seems to be enthusiastic with the activities and very cooperative with the updated social-distancing procedures put in place because of the COVID-19 pandemic situation.

For more information about the winter league go to  
<https://wp.arlingtonfairfax-iwla.org/winter-league/>

## Shogun Raffle Drawing in Support of the Chapter Youth Shotgun Program

Thank you to everyone who participated in the shotgun raffle. Funds raised will provide much needed support to the Chapter's youth shotgun program by assisting the teams with tournament fees and ammunition.

The drawing was on January 9, 2021, and the winner of the Huglu Canvasback 20 gauge over/under is **John Shu**.

The Arlington-Fairfax Chapter, Inc. IWLA (ARL-FX IWLA) started a youth trapshooting team in 2014. Each spring, youth ages 12-22 have participated in a semi-competitive program held at the ARL-FX IWLA trap range on Saturday afternoons. *Academics Integrity Marksmanship* (AIM) is the official youth program of the *Amateur Trapshooting Association* (ATA) and is the program being used by our Chapter youth shotgun program. Our goal is to introduce youth shooting sports to as many of today's youth and their families as possible, helping them use sports to develop and grow. For more information about the Chapter's Youth Shotgun team, please contact Dean Spiridon at [deanspiridon@gmail.com](mailto:deanspiridon@gmail.com).

If you have any additional questions, please contact Bob Brino, Skeet & Trap Director.





**Arlington-Fairfax Chapter, Inc., IWLA**  
is sponsoring a Brownell's/NRA Day

# Shotgun Camp

This course encompasses teaching the basic knowledge, skills, and attitude necessary for safely using a shotgun and shooting trap. Students will learn about shotgun parts and operations, ammunition, *gun safety*, and shotgun shooting fundamentals.

**Monday, March 29 and Tuesday, March 30, 2021**

**9:00 a.m. to 4:00 p.m.**

**Registration Fee: \$200.00**

**Registration includes:** Instructional materials, Loaner shotguns, Ammunition, Targets, NRA Day T-shirt and Attendance Certificate, and Lunch both days supplied.

**For more information, contact Pamela Meara:**

***Pmearaiwla@gmail.com*** or (703) 362-7293

Register through the SignUpGenius link on the Arlington-Fairfax Chapter, Inc., IWLA, Web site: ***<https://wp.arlingtonfairfax-iwla.org/education-training-course-schedule/>***



You will be sent a separate e-mail once your registration is received with additional instructions and information.

**ATTENTION:** Minor children (under the age of 18) must be accompanied by a parent or adult guardian at all times during the camp.

**Arlington-Fairfax Chapter, Inc., IWLA, 14708 Mount Olive Road, Centreville, VA 20121-2517**

## Attention!

**Chapter Pond** — Fishing policy — Operating with Catch & Release Policy in effect. We follow all Department of Wildlife Resources (DWR) regulations. See ***<https://dwr.virginia.gov/>***.

**Shooting** is prohibited anywhere on Chapter grounds except at the designated shooting ranges.

## Education & Training Updates

The 2021 Education & Training schedule is available. Make sure you check out the schedule on the Web site:

***<http://wp.arlingtonfairfax-iwla.org/education-and-training-2/>***

## Air Range

### The Air Range, Part III: Where We Are Going

Because of the revenue generated by increased range use, matches, and clinics, the air range operation is financially healthy. For the past four years, the air range received **NO** operating funds from the Chapter budget. While utilities and major facility maintenance (like a new air conditioner) are covered by the Chapter, all other range operating expenses are paid by air range proceeds, fundraising, or donations.

My father-in-law has a rule about picking restaurants while travelling. He only stops at a restaurant if the parking lot is full based on the premise the place must be good if there are many vehicles outside. Using that rule, the air range is a success! Unfortunately, that meant during matches and clinics, especially on weekends when other Chapter activities are also busy, parking is at a premium and the lots are very crowded. This led the Chapter to make another major investment in a new parking lot to benefit activities at the air range, the field house, and by proxy, relieving parking at rifle-pistol, shotgun, and archery. Again, much of the labor was donated, but the parking lot itself did require \$145K in Chapter capital. This is another investment in the future.

I've spent a lot of time over this article series talking about the activities and upgrades associated with the air range. Going back to my point at the start, our Chapter needs compelling and vibrant offerings if we're going to attract and retain members to keep the Chapter viable over the coming decades. I believe one of those engines of growth is the air range. This is for two reasons. First is because this is one of several chapter activities exposing youth to the shooting sports. ***Put bluntly, if we don't attract the youth, the shooting sports will eventually die out.*** Second is the knock-on positive impact on Chapter membership when parents join the Chapter solely due to their kids. To be honest, I did not know IWLA existed until my daughter joined her high school air rifle team. I certainly would not have joined the Chapter or decided to volunteer for the board if not for the Chapter having so generously supported high school air rifle. In a quick poll of the most active air range volunteers, 78 percent of them joined the Chapter ***only*** because their offspring became involved in our air gun program. A classic quote was "I'd never heard of IWLA until my kid started (air) rifle."

Our Chapter has spent significant capital resources in the past few years to improve the air range. First for the facility

expansion and most lately for the parking lot. Although I argue "spent" is the wrong term to use—we have ***invested*** in our Chapter's future by putting resources down on an activity that attracts youth members and also brings in their middle-aged parents. These are desirable membership demographics that help ensure our IWLA Chapter remains viable and vibrant long into the future. I can think of few better ways to invest our Chapter resources.

Finally, the air range isn't open just to junior members. Adult members are very welcome—club air guns are available to borrow—and there are open practice opportunities on Monday and Friday evenings. We did try Sunday morning sessions for over a year, but only one or two people ever show up (sometimes none). In addition, there's an adult Bullseye air pistol league that has restarted this year and several of our air rifle matches are open to adults (although be prepared for the juniors to outshoot you). The air range could be open many weekdays for adult member practice, but to be frank, we don't have volunteer RSOs for those times. Most of our current air range volunteers work full time and devote their range hours to youth shooting sports in the evenings. Anyone interested in getting checked out as an air range RSO and working during the weekdays or weekends should drop me a note—we always need more volunteers.

As a Chapter, we should be proud of the investment we've made in our air range. We are known around the country as a place that produces top notch shooting athletes. The USA Shooting national coaches in rifle, pistol, and adaptive shooting are very familiar with our operation, as are the many college coaches who come here to teach and recruit. We are a regional hub for matches and clinics—people love to come compete at our facility. But most importantly, our Chapter investment is building a pipeline for the future by introducing youth (and their parents) to the shooting sports and the proper exercise of Second Amendment rights, while at the same time sustaining and growing our IWLA Chapter membership rolls. I'm personally grateful to our Chapter for this support because I have seen it mold and shape young men and women in a most positive way. If you want to learn more or get involved, please drop me a note at [iwlasillsairrange@gmail.com](mailto:iwlasillsairrange@gmail.com).

—Roger Thrasher, Air Range Director



## Bob Hardy Perpetual Cup Dedicated to Long-Time Chapter Member

There was a time when high school shooting sports in northern Virginia almost died. In the '90s and early '00s, many local high school ranges were closing and teams were being disbanded. This was partly due to reasonable safety concerns about lead contamination, but exacerbated by increasing negative feeling about guns in general. This was a dire situation.



Then came a small group of men and women who basically saved youth rifle sports in northern Virginia by promoting the emerging sport of air rifle as a replacement for high school smallbore shooting teams. Bob Hardy, a long time ARL-FX IWL A Chapter member, was one of those key volunteers. Bob was also head coach of the powerhouse Robinson rifle team for many years and remains as coach emeritus. In recognition of his vital contributions, a new perpetual trophy was created to be awarded to the Potomac High School Rifle League (PHSRL) air rifle champions each year. This trophy is called the Bob Hardy Cup and will be permanently displayed in the Sills Air Range.

Due to COVID, unveiling of the Hardy Cup took place largely over remote video, with a scattering of attendees at the air range. Bob and much of his extended family were online, as were other long-time youth shooting volunteers such as Bob Long and the Ramsays. Roger Thrasher (air range director) talked about the concept for the trophy,



with the Sills Air Range partnering with Dave Cunningham (Robinson head coach) and Wanlace Yates (PHSRL president). Podium Pellets in Colorado Springs manufactured a milled and anodized giant pellet, which was then locally mounted on a walnut base. In a word, the trophy is stunning and on a par with the best shooting trophies anywhere. Stop by the air range to take a look.

Fortunately, the legacy of Bob and other volunteers like him lives on to today. Several generations of parents and coaches have stepped into the gap providing continued life-changing shooting opportunities for local youth and high school programs. Big thanks to Bob Hardy for setting an example for all of us to emulate.

*—Roger Thrasher, Dave Cunningham,  
Tom Ciarula, and Wanlace Yates*

### A Reminder to Social Distance

In accordance with our Virginia governor's COVID-19 executive orders, all members and guests using our Chapter facilities must follow proper social distancing guidelines.

#### Chapter Operating Schedules & COVID-19 Temporary Operating Procedures

Please continue to check the Chapter Web site for any updated temporary Chapter operating procedures before you come out to the Chapter.



## Outdoor/Indoor Archery

### Indoor Archery Range Open for Evening Shooting

Come on out and keep your archery skills at peak performance. The indoor archery range will be open Monday through Thursday evenings 6:30 p.m. to 9 p.m. until March 12, subject to the availability of range officers.

### Limited Broadhead Use on Outdoor Archery Range

The indoor and 3-D archery ranges are for **field tip use ONLY**, no broadheads are allowed on these ranges. The outdoor archery range does provide broadhead targets, but only on the target butts marked in bright red stating **"BROADHEADS OK."** These target butts are located at the crossbow station and include 20, 30, and 40 yard Rienehart (4' x 4' black target butts).

There are also 2' x 2' target butts with **RED dots** that may be used for broadheads, and the **RED cube dice** at 50 yards. In other words, if there is a **RED "BROADHEADS OK" sign** or **RED dots** on the block target butts, these may be used for broadheads.

*All other targets are for field tips only.* This includes any 3-D targets that may be placed on the range. All core-drilling broadheads are strictly prohibited on the Chapter archery ranges.

Damage to the target blocks and 3-D animals on the outdoor range has occurred in the recent weeks. Anyone witnessing broadhead usage on these targets should notify the archery range officer or any Cub Run officer. As stated on the ARL-FX IWLA/Cub Run Archers *Web site range rules (Section 11 PROHIBITIONS—<https://www.cubrunarchers.org/using-the-range--range-rules.html>)*:

"Anyone observed ... shooting broadhead-tipped arrows at other than targets expressly designed for that purpose will be referred to the Arlington-Fairfax Chapter, IWLA, board of directors for disciplinary action."



*Fred Ausick,*

Cub Run Archers, Range Captain

### ARL-FX IWLA Cub Run Archers

For those Chapter members who are interested in competing in Virginia Bowhunters Association (VBA) archery events, the Chapter established a VBA group called Cub Run Archers so field archery tournaments could be held at the Chapter. VBA is the representative for bowhunters throughout the Commonwealth of Virginia. To join Cub Run Archers, applications are available at the Field Archery range house. For more information, please contact Brad Edgington, secretary, Cub Run Archers, by e-mail at [bedgington71@gmail.com](mailto:bedgington71@gmail.com).



### Archery Qualifying for the Fairfax County Park Program

As of February 2021, the dates have not been released by Fairfax County for qualifying for the 2021/2022 park archery program. Expect the dates to be similar to last year starting in late March and ending in June. Information on the archery program can be found on the county Web page as it is updated. Qualifying will be held at the field archery range on Tuesday evenings, 6 p.m. until dark and Sunday mornings, 9 a.m. until 12 noon. Each attempt to qualify is \$10, with up to three attempts allowed. Information on the archery program can be found on the county Web page at: <https://www.fairfaxcounty.gov/wildlife/archery-program>.

### Deer Processing Station

For all Chapter deer hunters who would like to process their deer, the deer processing station is twenty yards off the Field Archery deck. The area is lighted and has running water from a garden hose located by the deck entrance. You will need to bring trash bags with you for proper disposal of all parts of the carcass. *When finished be sure to wash the area down completely, putting all remains in trash bags before going into any dumpster. During cold weather, when finished be sure to drain the hose of water to keep it from freezing.*

## Arlington-Fairfax Chapter, Inc., IWLA, Archery 101 Classes

The Archery 101 classes will take place in the indoor archery range. These classes are designed for anyone who has never shot archery before or has very little knowledge of the sport and would like to see what our sport is all about. The minimum age for children is 9 years old.

The class will cover the different types of archery equipment, archery safety, purchasing of equipment, and live shooting. All equipment needed is available through the Chapter (bows and arrows). All you need to do is register and show up.

### Fee schedule:

#### Arlington-Fairfax Chapter members:

- \$20 for adults
- \$10 for ages 9 through 17  
(Must be accompanied by a parent or guardian)
- \$30 max for family

#### Nonmembers:

- \$25 adults
- \$15 for ages 9 through 17  
(Must be accompanied by a parent or guardian)
- \$40 max for family.

Class fees will be collected before the start of each class beginning at 12:45 p.m.

Sunday	January 17, 2021	1–3 p.m.
Sunday	February 14, 2021	1–3 p.m.
Sunday	February 21, 2021	1–3 p.m.
Sunday	March 21, 2021	1–3 p.m.
Sunday	April 18, 2021	1–3 p.m.
Sunday	May 16, 2021	1–3 p.m.
Sunday	September 19, 2021	1–3 p.m.
Sunday	October 17, 2021	1–3 p.m.

To register for the class e-mail Dick Riemer at [rriemer@cox.net](mailto:rriemer@cox.net) or by phone at 703-543-8585.

**Note:** Each class is currently limited to ten participants plus instructors maintaining social distancing.

### IWLA Mission

To conserve, restore, and promote the sustainable use and enjoyment of our natural resources, including soil, air, woods, waters, and wildlife.

### Izaak Walton League Member Pledge

To strive for the purity of water, the clarity of air, and the wise stewardship of the land and its resources; to know the beauty and understanding of nature and the value of wildlife, woodlands, and open space; to the preservation of this heritage and to man's sharing in it.

I pledge myself as a member of the Izaak Walton League of America.

### Chapter Award

The Chapter started the *Chapter VIP* award in 2016 to nominate and select volunteers yearly who have been with the Chapter for 15+ years as a thank you for their excellent volunteer service. Those who were selected for 2019 are Marv Hicks and Landy McCutcheon. (Awarded at the July 21, 2020, general membership meeting.) Pictured right: **Landy McCutcheon.**







## Air Range Raffle Drawing in Support of the Chapter Youth Air Gun Shooting Program



Thanks to all who bought tickets for the latest air range raffle—which raised almost \$4,000 for our MidwayUSA Foundation account supporting our youth air gun programs. The foundation then matches our money, which

varies by month but has typically been between \$.60 to \$.85 matching for every dollar we submit. In addition, the foundation provides the raffle items for free to youth shooting teams for fundraising purposes.



(MSRP: \$649)

**First Choice Winner**—Ruger PC Carbine + Vortex Binos: Michelle G. from Vienna, VA



(MSRP: \$1090)

**Second Choice Winner**—Henry Big Boy + Vortex Binos: Chris S. from Burke, VA

The MidwayUSA Foundation is a 501(c)(3) public charity working to sustain and grow the shooting sports industry by providing long-term funding to youth shooting

teams. See <https://www.midwayusafoundation.org> for more information.

### Animal Protection



The Chapter grounds are considered a wildlife sanctuary and hunting is strictly prohibited. All animals are protected and are not to be harmed in any way. Anyone found to be harming wildlife on the Chapter grounds will be brought before the Board of Directors for disciplinary action.

### Photos Needed!

**Doing volunteer work on the Chapter grounds or helping to make the picture perfect?**

We would love for you to take a picture of work done or in process and e-mail it to Pam Meara ([arlfxnewsletter@gmail.com](mailto:arlfxnewsletter@gmail.com)) and/or Ellen MacBrayne ([emb4art@verizon.net](mailto:emb4art@verizon.net)) to publish in the Newsletter. Send the largest photo possible and include a caption identifying faces, place, event, and date.

### Donate to Arlington-Fairfax Chapter Using AmazonSmile

Chapter members are reminded they can donate to the chapter by registering and using AmazonSmile at [www.smile.amazon.com](http://www.smile.amazon.com) when they shop on Amazon. Amazon will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to the chapter. Our chapter is listed with AmazonSmile as **Izaak Walton League of America Arlington-Fairfax Chapter**.

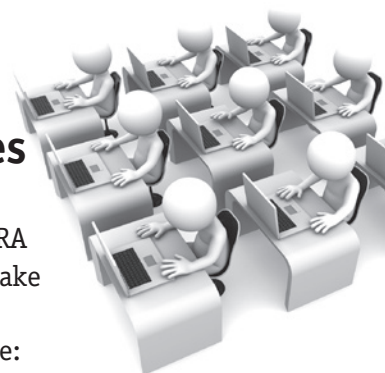
Click <http://smile.amazon.com/about> for program details.



### Education & Training NRA Course Updates

The 2021 Education & Training schedule for NRA courses are available. Make sure you check out the schedule on the Web site:

<http://wp.arlingtonfairfax-iwla.org/education-and-training-2/>



 **SIGN UP!**


Please use to  
sign up for  
**Volunteer  
Opportunities,**  
located on the  
Chapter Home  
Web page.



**REMEMBER**  
Speed limit is  
10 mph on the  
ARL-FX IWLA  
property!

## Arlington-Fairfax Chapter, Inc., IWLA, Calendars

For current Chapter calendars and event times, go to the Chapter Web site under the Calendar tab—<https://wp.arlingtonfairfax-iwla.org>.

FEBRUARY, MARCH, APRIL & MAY		
Event	Time	Facility
Field Archery Dinner	Every Tuesday	AC
Cub Run Archers Meeting	1st Sunday of each month	AC
<b>Board of Directors' Meeting</b>	1st Tuesday of each month	FH
Youth Chapter BoD Meeting	2nd Tuesday of each month	FH
Service Rifle Matches	2nd Thursday of each month	RP
<b>General Membership Meeting</b>	3rd Tuesday of each month	FH
Bull Run Muzzle Loaders	3rd Sunday of each month	RP
Regular Open Air Range	Mondays & Fridays	AR
Open Air Range (Members Practice)	Sundays	AR
Bullseye Match	1st Sunday (March–July)	RP
New Member Orientation	Saturday, February 6	FH
101 Archery Class	Sunday, February 21	FA
New Member Orientation	Saturday, March 6	FH
101 Archery Class	Sunday, March 21	FA
Shotgun Camp	March 29-30	ST
New Member Orientation	Saturday, April 3	FH
<b>EASTER—CHAPTER CLOSED</b>	Sunday, April 4	Chapter
VA Division Meeting	Saturday, April 10	Fredericksburg –Rappahannock Chapter
101 Archery Class	Sunday, April 18	FA
Newsletter Mailing Party	Tuesday, April 27	FH
Annual Picnic & Fishing Derby for Children & Adults with Disabilities	Saturday, May 1, 2021	LP
NRA Women on Target	Saturday, May 22	Chapter
Ed. & Trng. NRA Courses	Various Dates	<i>See Web site</i>

AC=Archery Club House, AF=Athletic Field, AR=Air Range, **Camp**=Camp Sites, FA=Field Archery, FH=Field House, LP=Large Pavilion, RP=Rifle-Pistol, SP=Small Pavilion, ST=Skeet & Trap, TA=Target Archers

## Facility Use Requests

Looking for a place to hold an event or overnight camp with your family. Our Chapter has nine rustic campsites with fire pits along with pavilions that can be used for family picnics and don't forget Gilberts Fishing pond. See the *Facility Use Request Page* on our Web site for information/procedures on how to make a request.

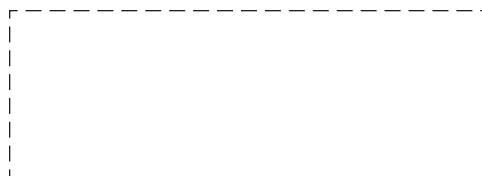
<https://wp.arlingtonfairfax-iwla.org/facilities-use-request/>





Arlington-Fairfax Chapter, Inc.  
Izaak Walton League of America  
Post Office Box 366  
Centreville, VA 20122-0366  
Return Service Requested

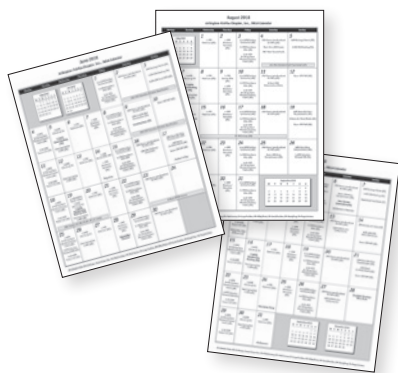
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CENTREVILLE, VA  
PERMIT #6057



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The Chapter Newsletter is your link to all Chapter activities and information. Keep it handy. It is also available on our new Web site in color.

***<https://wp.arlingtonfairfax-iwla.org/>***



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For current Chapter calendars, go to the Chapter Web site under *Calendar*. Also, look out for the Chapter Monthly E-Blast on Chapter Updates!

***<https://wp.arlingtonfairfax-iwla.org/chapter-calendars/>***